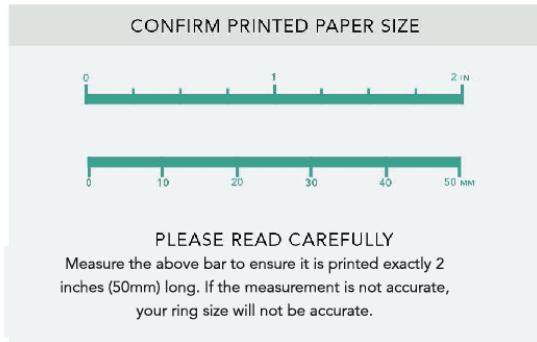


INSIDE CIRCUMFERENCE		US, CANADA, MEXICO	AUSTRALIA, IRELAND, NEW ZEALAND, UK, SOUTH AFRICA	FRANCE	GERMANY, RUSSIA, UKRAINE, ASIA	INDIA, CHINA, JAPAN, ISRAEL SOUTH AMERICA, TURKEY	ITALY, NETHERLANDS, SWITZERLAND, SPAIN
IN	MM						
1.74	44.2	3	F	44	14	4	4
1.77	44.8	3.25	F 1/2	44.625	14.25	---	4.625
1.79	45.5	3.5	G	45.25	14.5	5	5.25
1.82	46.1	3.75	G 1/2	45.875	14.75	6	5.875
1.84	46.8	4	H	46.5	15	7	6.5
1.87	47.4	4.25	H 1/2	47.125	15.25	---	7.125
1.89	48	4.5	I	47.75	15.5	8	7.75
1.92	48.7	4.75	J	48.375	---	---	8.375
1.94	49.3	5	J 1/2	49	15.75	9	9
1.97	50	5.25	K	49.625	16	---	9.625
1.99	50.6	5.5	K 1/2	50.25	16.25	10	10.25
2.02	51.2	5.75	L	50.875	---	11	10.875
2.04	51.9	6	L 1/2	51.5	16.5	12	11.5
2.07	52.5	6.25	M	52.125	16.75	---	12.125
2.09	53.1	6.5	M 1/2	52.75	17	13	12.75
2.12	53.8	6.75	N	53.375	---	---	13.375
2.14	54.4	7	N 1/2	54	17.25	14	14
2.17	55.1	7.25	O	54.625	17.5	---	14.625
2.19	55.7	7.5	O 1/2	55.25	17.75	15	15.25
2.22	56.3	7.75	P	55.875	---	---	15.875
2.24	57	8	P 1/2	56.5	18	16	16.5
2.27	57.6	8.25	Q	57.125	18.25	---	7.125
2.29	58.3	8.5	Q 1/2	57.75	18.5	17	17.75
2.32	58.9	8.75	R	58.375	18.75	---	18.375
2.34	59.5	9	R 1/2	59	19	18	19
2.37	60.2	9.25	S	59.625	19.25	---	19.625
2.39	60.8	9.5	S 1/2	60.25	19.5	19	20.25
2.42	61.4	9.75	T	60.875	19.75	---	20.875
2.44	62.2	10	T 1/2	61.5	20	20	21.25
2.47	62.7	10.25	U	62.125	20.25	21	22.125
2.49	63.4	10.5	U 1/2	62.75	20.5	22	22.75
2.52	64	10.75	V	63.375	---	---	23.375
2.54	64.6	11	V 1/2	64	20.75	23	24
2.57	65.3	11.25	W	64.625	---	---	24.625
2.59	65.9	11.5	W 1/2	65.25	21	24	25.25
2.62	66.6	11.75	X	65.875	---	---	25.875
2.65	67.2	12	X 1/2	66.5	21.25	25	26.5
2.68	68.1	12.25	Y	67.125	21.5	---	27.125
2.71	68.5	12.5	Z	67.75	21.75	26	27.75
2.72	69.1	12.75	Z 1/2	68.375	---	---	28.375
2.75	69.7	13	---	69	22	27	29

HOW TO USE THIS GUIDE

Begin by printing this page. set page scaling to "100" in your print settings and use 8.5 x 11-inch standard paper.

once it is printed, use a ruler to confirm the printed paper size in the box to the right. size away!



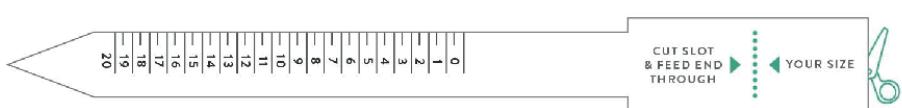
FIND YOUR FIT

METHOD 1: PRINT A RING SIZER

- Cut out the ring sizer and the slot as instructed
- Wrap the paper ring sizer snuggly around the base of the intended finger so that the numbers are visible and insert the pointed end through the slit you made in the sizer.
- note the number that lines up with the slit; this is your ring size! Remember that quarter sizes are also available if your sizer indicates that you are between whole and half sizes.

WHAT YOU'LL NEED:

- Scissors



METHOD 2: MEASURE AN EXISTING RING WITH OUR CHART

- Choose a ring that correctly fits the intended finger.
- Lay the ring over each size circle within the chart until you can closely match the inside edge to one of the circles on the guide. If the ring falls between two sizes, contact us to order the quarter size between them.

WHAT YOU'LL NEED:

- Scissors
- An existing ring

RING SIZE CONVERSION CHART

Millimeters are equivalent to the interior circumference of the corresponding ring size

